



#fioletowelove2025

Światowy Dzień Wcześnieńki

Edukacyjno - zdrowotna akcja wsparcia dla wcześniaków,
hospitalizowanych niemowląt

Karta pracy - szkoła ponadpodstawowa lekcja języka angielskiego

Przygotowanie merytoryczne:

Ewa Daros

Prezes Fundacji OliEdu, pedagog,
mama wcześniaka

DOŁĄCZ!

**Karty pracy przygotowane dla uczniów szkół ponadpodstawowych
na lekcje języka angielskiego w ramach akcji edukacyjno-zdrowotnej #fioletowelove Fundacji OliEdu
z okazji Światowego Dnia Wcześnieika.**

Theme: Understanding and supporting premature babies

Language level: Intermediate English

1. Warm-up (5 minutes)

Activity - ask students:

“What do you think the word ‘premature’ means?”

Then show a simple definition:

A premature baby (preemie): A baby born too early, before the 37th week of pregnancy.

Ask:

- “Why do you think being born too early can be dangerous?”
- “Do you know anyone who was born too early?”

2. Introduction to World Prematurity Day (5 minutes)

Explain:

- World Prematurity Day is celebrated every year on November 17th.
- It’s a day to raise awareness about the challenges and impact of premature birth and supporting affected families.
- The goal is to help people understand the challenges these babies face and to show the support to families.

Emotional connection:

Every year, around 15 million babies are born too early. Some of them fight hard for their lives. Without effective care, they are at high risk of life-threatening health conditions like respiratory distress, infections, and hypothermia and others.

Governments, health systems, communities, and individuals have a shared responsibility to protect these tiny babies who are born too early. We also need to ensure that their families get the support they need. This day reminds us that every small baby is a big fighter and we as a community can do a lot to help babies.

3. A Short History (10 minutes)

Tell students:

- World Prematurity Day started in 2008, when parents from different countries decided to raise awareness about premature babies.
- The idea quickly spread around the world becoming a global movement.
- Now, hospitals, schools, and organizations in more than 100 countries participate in initiatives to support premature babies.
- Additional resources from The Guardian “Doris Mollel’s Mission makes history as WHO marks World Prematurity Day”, read and discuss with students:

<https://www.ippmedia.com/the-guardian/news/local-news/read/doris-mollels-mission-makes-history-as-who-marks-world-prematurity-day-2025-05-30-120320>



17.11.2025 r. Światowy Dzień Wcześnieika
#fioletowelove2025

**Karty pracy przygotowane dla uczniów szkół ponadpodstawowych
na lekcje języka angielskiego w ramach akcji edukacyjno-zdrowotnej #fioletowelove Fundacji OliEdu
z okazji Światowego Dnia Wcześnieńiaka.**

4. Symbols and Colors (5 minutes)

Teach students:

- The color purple is the symbol of World Prematurity Day.
 - Purple means sensitivity, compassion, and hope.
- The sock line is another famous symbol:
 - It shows nine pairs of small socks and one tiny pair in the middle, representing that 1 in 10 babies is born prematurely.
- The purple heart with a word #fioletowelove is the symbol of OliEdu Foundation:
 - It shows that love knows no boundaries, parents will always love their babies more than anyone else ever could and they would do everything in the world to help them grow.
(Show resources/ cards from OliEdu Foundation website)

Governments, hospitals, communities and individuals make a real difference by sharing OliEdu Foundation purple heart on their social media with hashtag #fioletowelove #fioletowelovedlawcześnieńiaków #fundacjaOliEdu

5. Medical Equipment for Premature Babies (5 minutes)

Explain simply what hospitals use to help preemies survive:

Equipment	Purpose
Incubator	Keeps the baby warm, like a tiny protected room.
Ventilator / Oxygen support	Helps the baby breathe.
Feeding tube	Helps the baby eat if they can't suck yet.
Heart monitor	Checks if the baby's heart is beating correctly.
IV (intravenous line)	Gives medicine or fluids.

Emotional note:

"These machines may look scary, but they are life-saving friends for tiny heroes."



**Karty pracy przygotowane dla uczniów szkół ponadpodstawowych
na lekcje języka angielskiego w ramach akcji edukacyjno-zdrowotnej #fioletowelove Fundacji OliEdu
z okazji Światowego Dnia Wcześnieika.**

6. The Importance of Social and Emotional Support (5 minutes)

Discuss:

- Parents of premature babies often feel scared, worried, or alone.
- Friends, family, and nurses can help with kind words, understanding, and emotional care.
- Communities can support by donating to hospitals or visiting families.

Quote:

"It takes a village to raise a child — and sometimes, a hospital team to keep that child alive."

Class activity:

Ask students to write or say one sentence of encouragement to parents of premature babies. Example:
"Your baby is small, but has a big heart."

7. Famous People Who Were Born Prematurely (5 minutes)

Share some inspiring stories:

- Albert Einstein – Born too early and small, later became one of the most brilliant scientists.
- Winston Churchill – Born 2 months early; became a strong world leader.
- Stevie Wonder – Born 6 weeks early; lost his sight but became a world-famous musician.
- Isaac Newton – Born tiny and weak, but grew into one of the greatest minds in history.

Message:

"Being born small doesn't mean you can't dream big."

8. Closing Activity (5 minutes)

Options:

1. Purple Promise: Each student writes one promise to support awareness (e.g., "I will wear purple on Nov 17.").
2. Sock Chain Craft: Create a paper chain of socks to hang in the classroom.
3. Reflection:
 - "What have you learned today?"
 - "How can we support premature babies and their families?"

9. Key Takeaways

- Date: November 17
- Color: Purple
- Symbol: Tiny sock among nine big ones
- Goal: Awareness, compassion, and support for premature babies and their families
- Final Message:

"Some babies are born early, but their courage arrives on time."

10. "World Premature Day - Student Worksheet"

You can find attached "World Premature Day - Student Worksheet" to to give you support through the whole lesson and use it in a flexible way with your students.

